



Program	Bachelor of Pharmacy (BPharm)	Semester - 4
Type of Course	-	
Prerequisite		
Course Objective	-	
Effective From A.Y.	2023-24	

Teaching Scheme (Contact Hours)				Examination Scheme				
Lecture	Tutorial	Lab	Credit	Theory Marks		Practical Marks		Total Marks
				External Marks (T)	Internal Marks (T)	External Marks (P)	Internal Marks (P)	
3	-	-	3	50	25	-	-	75

SEE - Semester End Examination, **CIA** - Continuous Internal Assessment (It consists of Assignments/Seminars/Presentations/MCQ Tests, etc.)

Course Content		T - Teaching Hours W - Weightage	
Sr.	Topics	T	W
1	The Need for Values Students will learn about the need for values as part of their holistic development to become successful in their many roles - as ambitious students, reliable employees, caring family members, and considerate citizens.	1	2
2	Remaking Yourself Restructuring Yourself Students learn how self-improvement enables them to secure a bright future for themselves. They will learn 6 powerful thought processes that can develop their intellectual, physical, emotional, and spiritual quotients.	2	5
3	Remaking Yourself - Power of Habit Students will undergo a study of how habits work, the habits of successful professionals, and the practical techniques that can be used to develop good habits in their life	1	2
4	Learning from Legends- Tendulkar & Tata Students will learn from the inspirational lives of India's two legends, Sachin Tendulkar and Ratan Tata. They will implement these lessons through relatable case studies.	1	2
5	From House to Home-Listening & Understanding Active listening is an essential part of academic progress and communications. Students will learn to listen with their eyes, ears, mind, and heart.	2	5
6	Facing Failures Welcoming Challenges This lecture enables students to revisit the way in which they approach challenges. Through the study of successful figures such as Disney, Lincoln and Bachchan, students will learn to face difficulties through a positive perspective.	2	5
7	Facing Failures- Significance of Failures Failure is a student's daily source of fear, negativity, and depression. Students will be given the constructive skills to understand failure as formative learning experiences.	2	4
8	My India My Pride Glorious Past - Part 1	1	3



Course Content		T - Teaching Hours W - Weightage	
Sr.	Topics	T	W
	India's ancient Rishis, scholars, and intellectuals have made tremendous contributions to the world, they developed an advanced, sophisticated culture and civilization which began thousands of years ago. Students will learn the importance of studying India's glorious past so that they could develop a strong passion and pride for our nation.		
9	My India My Pride Glorious Past - Part 2 Our ancient concepts can be used to seek revolutionary ideas and to generate inspiration. Students will develop a deeper interest in India's Glorious Past – by appreciating the need to read about it, research it, write about it, and share it.	1	2
10	Learning from Legends A.P.J. Abdul Kalam Dr Kalam's inspirational life displayed legendary qualities which apply to students (1) Dare to Dream (2) Work Hard (3) Get Good Guidance (4) Humility (5) Use Your Talents for the Benefit of Others	2	4
11	Soft Skills Networking & Leadership Students are taught the means of building a professional network and developing a leadership attitude.	1	2
12	Soft Skills Project Management Students will learn the secrets of project management through the Akshardham case study. They will then practice these skills through an activity relevant to student life.	2	5
13	Remaking Yourself Handling social media Students will learn how social media can become addictive and they will imbibe simple methods to take back control.	1	3
14	Facing Failures Power of Faith Students will learn about the power and necessity of faith in our daily lives.	1	2
15	From House to Home Bonding the Family Students will understand the importance of strong family relationships. They will learn how to overcome the generation gap and connect with their family more.	1	2
16	Selfless Service Seva Students will learn that performing seva is beneficial to one's health, wellbeing, and happiness. It also benefits and inspires others.	1	2
17	Remaking Yourself Begin with the End in Mind Students will learn to visualize their future goals and will structure their lives through smart goals to give themselves direction and ultimately take them to where they want to go.	2	5
18	Remaking Yourself Being Addiction Free Students will explore the detrimental effects of addictions on one's health, personal life, and family life. They will learn how to take control of their life by becoming addiction free.	2	4
19	Selfless Service Case Study: Disaster Relief Students will apply previous lessons of seva, to analyse the case study of the Bhuj earthquake relief work.	1	2
20	Soft Skills Teamwork & Harmony	1	2



Course Content		T - Teaching Hours W - Weightage	
Sr.	Topics	T	W
	Students will learn the six steps of teamwork and harmony that are essential for students' professional and daily life.		
21	My India My Pride Present Scenario To implement the transformation of India from a developing country into a developed country it is necessary to have a value-based citizen. Students will see how the transformation to a greater India relies on the vision and efforts of themselves as a youth.	2	5
22	Learning from Legends- Leading Without Leading Students will explore a new approach to leadership, through humility.	1	2
23	My India My Pride An Ideal Citizen - 1 Students will learn that to become value-based citizens, they must first develop good values in their lives. They start by exploring the values of responsibility and integrity.	1	2
24	My India My Pride An Ideal Citizen - 2 Students will learn that by developing the values of loyalty, sincerity, and punctuality; they become indispensable and can leave a strong impression. They will start developing these values by trying to keep perfection in every small task and by looking at the bigger picture.	1	2
25	Facing Failures Timeless Wisdom for Daily Life Students will learn the role wisdom plays in finding long-term stability. They will use ancient wisdom to solve their modern-day challenges.	1	2
26	From House to Home Forgive & Forget Students will understand the importance and benefits that forgiveness plays in their personal and professional life. They will learn to apply this knowledge in realistic situations.	2	5
27	Remaking Yourself Stress Management Students will learn to cope with current and future causes of stress.	1	2
28	Remaking Yourself Better Health Better Future A healthy body prevents disease and stress; increases positivity, productivity, and brainpower. Students will learn to maintain good health through regular exercise, healthy eating habits, and regular and sufficient sleep.	2	4
29	Learning from Legends - Words of Wisdom A panel of learned and experienced mentors will personally answer practical questions that students face in their daily life.	1	2
30	Soft Skills – Financial Planning Students will develop a variety of practical financial skills that prepare them to become financially stable throughout their future careers.	2	4
31	Remaking Yourself Impact of Company Students will understand that the type of company that we keep, has a crucial role in determining who we are and who we will become. They will develop the ability to create a positive environment around them.	1	3



Course Content		T - Teaching Hours W - Weightage	
Sr.	Topics	T	W
32	Life After IPDC This concluding lecture encourages students to keep practicing these priceless lessons and prepares them for the next steps in their lives.	2	4
Total		45	100

Suggested Distribution Of Theory Marks Using Bloom's Taxonomy					
Level	Remembrance	Understanding	Application	Analyze	Evaluate
Weightage	15	30	40	10	5

NOTE : This specification table shall be treated as a general guideline for the students and the teachers. The actual distribution of marks in the question paper may vary slightly from above table.

Course Outcomes	
At the end of this course, students will be able to:	
C01	Knowledge regarding holistic education and education regarding their social responsibilities
C02	Develop ethical and moral values/practices for successful family, professional and social relationships
C03	Understanding of hard and soft skills, self analysis, self improvement, self confidence and a defined identity

Reference Books	
1.	IPDC Workbook-1 (presented by B.A.P.S. Swaminarayan Sanstha) (TextBook)
2.	IPDC Workbook-2 (presented by B.A.P.S. Swaminarayan Sanstha) (TextBook)